

EVENT RULES

The Rottnest Channel Swim Association (**RCSA**) has set the following (**Event Rules**) for the 2020 South32 Rottnest Channel Swim (**Event**). All participants in the Event including any solo, duo or team swimmer (**Swimmer**), any team captain (**Team Captain**), any paddler (**Paddler**) or any skipper (**Skipper**) or a support boat (**Support Boat**) must comply with the Event Rules. Failure to do so may result in disqualification (**DQ**) from the Event for their Swimmer/team, and may also result in banning from or sanctions in future Events, at the discretion of the RCSA.

Please note that the Race Director, Race Officials, and Event on-water safety personnel are empowered to DQ any participant/team who breaches these Event Rules.

All Swimmers

The following Event Rules apply to all Swimmers in this Event and are in addition to and are not intended to limit in any way the Terms and Conditions of Entry or any rules or requirements set out in the **2020 Event Information** (contained within the Year Book). Some of the Event Rules are influenced by FINA Open Water Swimming Rules 2017-2021 (**FINA Rules**).

1. The minimum age for all Swimmers, including those in duos and teams, at the date of the Event is 14 years.
2. Swimsuits and the wearing of any accessories must comply with the FINA Rules. The FINA Rules are subject to revision from time to time and it is the responsibility of each Swimmer to ensure compliance with the most up to date FINA Rules at the date of the Event or the date of the pre-qualification swim pursuant to Event Rule 7 (as applicable).

Generally, the FINA Rules provide that a complying suit must:

- a. be of a woven textile material;
- b. not cover the neck; and
- c. not extend beyond the shoulders or ankles.

The RCSA provides the following guidance in the application of this rule for the purposes of the Event or any Rottnest Channel Swim crossing attempt:

A Swimmer may:

- *wear two suits so long as one suit comprises only briefs (men and women) or a bikini (women);*
- *grease the body before a swim;*
- *wear goggles;*
- *wear two caps (your official Event swim cap must be the outer one worn);*
- *wear a nose clip;*
- *wear earplugs; and*

- *wear a rash vest / stinger suit.*

A Swimmer may not:

- *wear any item with neoprene or any other buoyant material; or*
- *wear a watch or earphones/headphones; or*
- *wear anything not within the spirit of the FINA Rules or within the spirit of the RCSA exemptions.*

Swimmers must, at all times, wear their official Event swim cap while in the water.

3. All Swimmers must have race number tattoos affixed to the outside of their upper arms or shoulder. It is the responsibility of the Team Captain to ensure that all other members of their duo or team have tattoos affixed to their upper arms.
4. Subject to obtaining an exemption from the RCSA as set out below, no Swimmer is permitted to use, or receive the benefit from, any form of artificial swimming aid or assistance during the Event, including but not limited to, the following:
 - a. holding onto a Support Boat, other boat, paddle craft, or Paddler;
 - b. drafting from an escort boat, Support Boat, paddle craft or another swimmer; or
 - c. pace-setting from another Swimmer, whether they be registered or unregistered for the Event (excluding Tandem Solos who are permitted to swim alongside one another).

If artificial aids or assistance are required for medical reasons, an application for exemption may be made by a prospective participant to the RCSA a minimum of four (4) weeks prior to registering for the Event. Should an assisted swim be approved by the RCSA for the Event, that Swimmer/team/duo will not be eligible for a prize, but will upon finishing the swim, be recorded as having finished, subject to the swim being assisted.

5. Swimmers must not proceed beyond the 1,500m mark without their Support Boat. This distance is marked by the Leeuwin Icon Vessel.
6. Swimmers must stay south of the northern boundary buoys that are set along the Swim Course. Skippers must navigate to ensure all Swimmers remain south. For the purposes of these Event Rules, the 'Swim Course' covers the area from the start to the finish line and includes:
 - a. the area between the north and south extremity buoys of the starting area;
 - b. the area south of the northern boundary across to Phillip Rock; and
 - c. the area between the designated markers from Phillip Rock to the finish line.

7. Swimmers must stay south of the orange buoys that go between the 19km gate marked by two red buoys.
8. Swimmers must withdraw from the Event if they have not met the specified cut-off times (refer to the South32 Rottnest Channel Swim website or the Year Book), or as directed by a Race Official.

Solo Swimmers

7. Solo Swimmers must qualify in order to participate in the Event. To qualify, prospective solo Swimmers must have either:
 - a. completed a previous solo Rottnest Channel Swim crossing in the past two years – since 24 February 2018 (either in a previous Event, or in an outside of event (FastSwim) solo crossing); or
 - b. completed an alternative open water swim event that is of the same distance or greater than the Rottnest Channel Swim crossing in the past two years – since 24 February 2018. During such swim, Event Rules 2 and 4 must be adhered to; or
 - c. completed a 10km open water swim event in 4 hours and 15 minutes or less between the dates 1 November 2019 and 1 February 2020. During the qualification swim, Event Rules 2 and 4 must be adhered to.
8. For solo Swimmers who share a Support Boat with another solo Swimmer (**Tandem Solos**), the following additional rules apply:
 - a. Each Tandem Solo must at all times swim within close proximity of their tandem partner, in a range of approximately 10-20 metres. Therefore, Tandem Solos must ensure they swim at a similar pace with their tandem partner for the duration of the Event.
 - b. Each Tandem Solo must have his or her own paddler.
 - c. If a Tandem Solo becomes unwell and requires medical assistance requiring the Support Boat to stop, the tandem partner must either tread water until the Support Boat is able to proceed or withdraw from the Event.

Duo/Team Swimmers

9. For teams and duos, Swimmer changeovers must be carried out at least 10 metres from any Support Boat, except paddle craft, and tagging must be above the water in a visible manner. It is acceptable to use any part of the body when tagging, subject to the tag being above the water, and therefore visible.
10. The Swimmer wearing the timing strap must pass through the arch (and over the finish mat) at the finish line to record the finish time and sign off (ensuring the timing strap is collected by a volunteer). Any swimmer from a duo or team can wear the timing strap to finish and all swimmers do not have to cross the finish line to be recorded as “Finished”.

Skippers

11. Skippers of the Support Boat and tender (if applicable) must hold, and be in possession of a Recreational Skippers Ticket or equivalent.
12. Support Boats must be licenced to carry all passengers for whom the Skipper is responsible. This includes all people on the Support Boat and in the water. The number permitted is determined by either the information displayed on the Australian Builder's Plate or (if there is no Builder's Plate) by reference to the below guidelines from the Western Australian Department of Transport. Please note, these guidelines are recommendations only and it is the Skipper's responsibility to determine the exact number of people aboard for a safe voyage.

Length of Support Boat	Maximum number of people aboard (including the Swimmer/s and Paddler/s)
4.5m to less than 5.0m	5 people
5.0m to less than 5.5m	6 people
5.5m to less than 6.0m	7 people

13. Support Boats must be equipped with all the required mandatory marine safety and emergency equipment as per the WA Navigable Waters Regulations.
14. Support Boats must have an operating VHF Radio. On Event day, the radio must be turned on, tuned to VHF channel 77 and the volume audible. Skippers must then follow any instructions given by Channel Swim Base. If Support Boats have facility to do so, dual watch of VHF channels 16 and 77 is encouraged.
15. Skippers must keep their mobile phones on and easily accessible during the Event.
16. Support Boats must display the supplied boat stickers showing their Swimmer/s race number. This may be affixed directly onto either side of the Support Boat in a visible location above the water line, or applied to corflute and attached to the Support Boat.
17. Tender vessels must display one set of the supplied A6 stickers with their Swimmer/s race number. Numbers can be on either side of the vessel in a visible location above the water line.
18. Support Boats must remain at least 1,000m from Cottesloe Beach at the start of the Event. This means Swimmers cannot be dropped to the start line by the Support Boat.
19. At the start of the Event, Support Boats must not enter the Swim Course until their solo, duo or team wave has been called. The Year Book contains a map indicating the Support Boat

Holding Areas which the Support Boats must remain in until the solo, duo or team wave has been called.

20. When taking a Swimmer on-board, whether during a Swimmer changeover or otherwise:
 - a. The Support Boat motor/s MUST be disengaged and in neutral.
 - b. In accordance with rule 21, the Support Boats MUST NOT make way astern to pick up a Swimmer.
 - c. When possible, the Swimmer should be on the windward/weather-side of the Support Boat.
 - d. Support Boats using multiple outboard motors MUST place ALL motors in neutral before taking a Swimmer on-board at the stern.

21. Support Boats MUST NOT make way astern. This means they must not move backwards. To avoid danger (to a vessel, a Swimmer, a Paddler, etc.) a Skipper IS permitted to use astern (reverse) thrust – BUT ONLY TO STOP OR SLOW THE VESSEL'S FORWARD WAY. The vessel MUST NOT make way astern (i.e. move backwards) under any circumstances. If a Skipper needs to stop or slow the vessel's forward way, he or she must ensure it is safe to do so (i.e. no Swimmer or Paddler immediately behind the Support Boat). This Event Rule applies at ALL times on the Swim Course regardless of the proximity of the other Support Boats/vessels.

22. No Support Boat or power craft shall exceed a speed of 6 knots anywhere or anytime on the Swim Course or near any Swimmer, Support Boat or Paddler. RCSA and authorised vessels (e.g. rescue boats) will endeavour to stay off the Swim Course should they need to exceed this speed, except in the case of emergency. If, for mechanical reasons, a Skipper is required to run the engine of a Support Boat or tender vessel at higher revs to clear the engine, this must be done well clear of the Swim Course and any Swimmer, Support Boat or Paddler.

23. Swimmers, Support Boats and Paddlers must give way to commercial shipping as there is no arrangement for commercial shipping to give way to Swimmers, Support Boats or Paddlers. On Event day the Race Director will advise Skippers (via Race Radio) of expected shipping movements. Swimmers, Support Boats and Paddlers may be directed by Race Officials to ensure they remain a safe distance from the passing ship.

24. All Support Boats (yachts or power boats) which are **10 metres or longer**, are required to:
 - a. Stay on the extremities of the fleet at all times (north or south), but remain south of the northern boundary.
 - b. Have a tender vessel.
 - c. Exit the Swim Course no later than at the 18km gate (Phillip Rock). This means the Swimmer will finish his or her swim with the tender and/or Paddler. From Phillip Rock to the finish is relatively sheltered water. Additional on-water safety personnel are present along this final 1.7kms for Swimmer safety.

25. Powered Support Boats that are less than 10 metres must leave the Swim Course no later than the 19km gate. Between 18km and 19km buoys, the Swim Course becomes heavily congested. We strongly encourage that Support Boats stay out of the Swim Course during this period. Powered Support Boats that are less than 10 metres may leave the Swim Course at the 18km gate, but are not required to. Should the team (Swimmer, Paddler and Skipper) decide to do this, a Paddler or tender vessel must accompany their Swimmer(s) to the 19.25km gate. Powered Support Boats that go beyond the 18km gate will be encouraged to navigate to the boundaries of the Swim Course until the 19km mark where they must leave the Swim Course.
26. Skippers are not permitted to consume alcohol while responsible for their Swimmer(s) and Paddler(s), and operating the Support Boat.

Paddlers

27. Paddlecraft must display the supplied A6 stickers with their Swimmer/s race number.
28. Paddlers must not proceed beyond the 1,500m mark without their Support Boat. This distance is marked by the Leeuwin Icon Vessel.
29. Paddlers must depart the Swim Course at the 19.25km Rottnest Express buoys and must exit to the south only.
30. Paddlecraft may be left in the designated area as shown on the finish channel map for a maximum of 15 minutes.